

# Carlos J Puig DO FISHS

## Professional Curriculum Vitae

Education: Rotating Internship: Walter Reed Army Medical Center 7/1972-6/1973  
Doctor of Osteopathy: Chicago College of Osteopathic Medicine 9/1968-6/1972  
BS Agriculture: University of Florida 9/1964-8/1968  
High School: Miami Edison Senior High School 9/1960-6/1964

Medical Licensure: HI, IL, TX

Certifications: Diplomate, American Board of Hair Restoration Surgery 1997-2007  
ABHRS Recertification 2007-present  
Advanced Cardiac Life Support Instructor (AHA) 2002  
ACLS Recertification 2014  
Advanced Trauma Life Support Instructor (ACS) 1983  
ATLS Recertification 2015  
Pediatric Advanced Life Support 2015

Professional Organizations Fellow, International Society of Hair Restoration Surgery 2013-Present  
Golden Follicle, Life Time Achievement Award, ISHRS 2012  
Fellow, International Society of Hair Restoration Surgery 2013  
American Academy of Cosmetic Surgery 1983-Present  
American Society of Hair Restoration Surgery 1994-Present  
International Society of Hair Restoration Surgery 1993-Present  
American Board of Hair Restoration Surgery 1997- Present  
American Hair Loss Council 1987-Present  
American Osteopathic Association 1972-Present  
Texas Osteopathic Association 1977-Present  
American Medical Association 2003-Present

Professional Work: Private Practice: Physicians Hair Restoration Center, Houston TX 4/2008-present  
Program Director-PHRC Fellowship Training Program 4/2008-present  
Hair Restoration Surgeon, Baylor Facial Plastic Surgery Center, Houston TX 5/2011-3/2015  
Program Director-MHR Fellowship Training Program 1/2003-3/2008  
Director of Medical Education – Medical Hair Restoration (MHR) 1/2003-3/2008  
Associate Medical Director MHR 1/2003-3/2008  
Medical Hair Restoration Staff Physician 1/2000-4/2008  
Medical Director, Puig Medical Group & Cleveland Hair Clinics 5/1976-6/1996  
(Managing HRS Centers 6 location, 7 physicians)

Activities: Medical Advisor, American Hair Loss Council 2014-Present  
Past President of President of International Society of Hair Restoration Surgery 2012-2013  
President of International Society of Hair Restoration Surgery (ISHRS) 2012-2013  
Vice President, International Society of Hair Restoration Surgery (ISHRS) 2011-2012  
ISHRS Delegate AMA House of Delegates 2010-present  
Program Chair ISHRS Cowgirl Hair Loss Workshop 2010, 2013  
ISHRS Delegate AMA SSS 2009-present  
American Academy of Cosmetic Surgery, ASHRS Committeeman 2010-2012  
Treasurer, International Society of Hair Restoration Surgery (ISHRS) 2009-2011  
Member, Board of Governors, ISHRS 2006-2013  
Chairman, ISHRS Task Force on Medical Education 2005-2007  
Chairman, ISHRS Core Curriculum Committee 2005-2006  
Chairman, ISHRS Fellowship Training Committee 2000-2006  
Medical Advisory Mediceticals Laboratories 2009-2013  
President, American Board of Hair Restoration Surgery 2004-2005  
Merck Medical Advisory Board, Propecia 2003-2007  
Oral Board Coordinator, American Board of Hair Restoration Surgery 1997-2002  
Advisory Board, World Society of Hair Restoration Surgery 1998-1999  
Vice President, American Board of Hair Restoration Surgery 2002-2004  
Treasurer, American Board of Hair Restoration Surgery 1996-2001  
President, American Hair Loss Council 1996-1997  
Faculty for WHS/ISHRS Live Surgery Workshops 1996-2014  
Vice President, American Hair Loss Council 1995-1996

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Advanced Cardiac Life Support Instructor (CHA) 1987-1990  
Advanced Trauma Life Support Instructor,  
Assistant Course Director: Georgetown University 1983-198

### Professional Papers

Presented at Symposia for the AACS, ISHRS, AHLC, WHS, 1985-2015

- Effect of PRP on Female Pattern Hair Loss
- A Surgeons Approach to Hair Loss in Women
- Ethical Responsibilities of Hair Restoration Surgeons
- Long Term Treatment Planning in Hair Restoration Surgery
- Mechanization of Hair Restoration Surgery, Moderator ISHRS
- Effect of Hyaluronidase on Scalp Donor Area Wound Tension
- Professional Ethics in Hair Restoration Surgery
- Contemporary Hair Transplant Planning
- Effect of Hyaluronidase on Scalp flaps
- Contemporary Treatment of Female Pattern Hair Loss
- Applying 6 Sigma Quality Assurance Techniques to HRS
- Demonstration Teaching: Fellowship Instructor Training Workshop
- ABHRS Oral Examination Orientation Workshop
- Complications in HRS (Moderator)
- Anesthesia in HRS (Moderator)
- Methylene Blue to Assist in Translucent Hair Transplantation
- Instrumentation in HRS (Moderator)
- Contemporary Crown Hair Restoration Surgery
- Slivering Board, a New Device for Tissue Dissection in HRS
- Comparison of Hair Implanter Pen to Forceps Placement in Experienced Hands
- ABHRS: Surgical Emergencies
- Operating Room Ergonomics
- Photographing Hair Replacement Surgery
- Power Point Computer Workshop
- Physicians Introduction to Non-Medical Hair Restoration
- Internet Communications and Hair Replacement Surgery
- Professional Ethics in Marketing & Physician Responsibility
- Scalp Reductions & Crown Closure Flap Techniques
- Iontophoretic Anesthesia in Hair Restoration Surgery
- Incision Line Grafting
- Patient Satisfaction Measuring Tools
- The Application of CQI to a Medical Practice
- Integrated Grafting Techniques to Sculpt Hairlines
- Staff Development within an Office Surgery Practice
- Complications Associated with Hair Restoration Surgery
- Management of Life Threatening Emergencies in an Office Surgery Environment

### Publications:

Section 1, Chapter 12, Long Term Strategic Planning in Hair Restoration Surgery, Hair Transplant 360, Lam 2013

Section 3, Chapter 34, Transitioning from a Private Practice to Corporate Practice in Hair Restoration Surgery, Hair Transplant 360, Lam 2013

Chapter 7F Emergency Interventions, Unger Shapiro Textbook, Hair Transplantation 2010

Chapter 7C Infection Control, Unger Shapiro Textbook, Hair Transplantation 2010

Core Competencies in Hair Restoration Surgery, Recommended by the the ISHRS Dermatologic Surgery Vol35(3):425-428 2009

Series on 6 Sigma Quality Techniques in Hair Restoration Surgery 2007  
Hair Transplant Forum, Vol 17 No 5 & 6, Vol 18, 1

Core Curriculum for Hair Restorations Surgery, Recommended by the ISHRS Jan 2006 Dermatologic Surgery, Vol 32 No 1 2006

Chapter 25: Haber Stough Textbook 2006

Chapter 7F: Unger Shapiro Textbook 2005

Chapter: Dow Stough Textbook 2000 \*

Chapter: Walter Unger Textbook 1998 \*

Chapter: Walter Unger Textbook 2000 \*

A Professionally Positive Organization 1999  
Hair Transplant Forum, Vol. 9 No. 2

Mangubat Impulse Microtome: Additional Experience Dec. 1998  
Hair Transplant Forum, Vol 8 No. 6

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### Professional Curriculum Vitae

Frechet Triple Flaps: Additional Experience <u>Am. J. Cosmetic Surgery</u> , Vol. 15 No. 1, Vol. 15 No. 1	1998
What Happened to Patient Advocacy? <u>Hair Transplant Forum</u> , Vol. 7 No. 4	1997
Frechet Extender, the Experience of an Additional 80 Cases, <u>Amer. J. Cosmetic Surgery</u> , Vol. 13 No. 2	1996
Hairline Sculpting with Integrated Line grafting and Single Hair Grafting Techniques, <u>Amer. J. Cosmetic Surg.</u> Vol. 12 No. 4	1995
American Hair Loss Council, a Growing Organization for a Growing Industry. <u>Hair Transplant Forum</u> . Vol. 4 No. 3	1994
Scalp Reduction: The Key to Optimizing Donor Area, Experience with the Frechet Extender. <u>Hair Transplant Forum</u> . Vol. 4 No. 1	1994
Professional Marketing.. <u>Hair Transplant Forum</u> . Vol. 3 No. 6	1993
Hairline with Ridge Lines. <u>Hair Transplant Forum</u> . Vol. 3 No. 4	1993
Iontophoretic Anesthesia in Hair Transplantation. <u>International J. of Aesthetic and Restorative Surgery</u> . Vol. 1 No. 1	1993
Planned Decompression. <u>Hair Transplant Forum</u> . Vol. 2 No. 3	1992
Clinical Application of Soft Tissue Expansion in the Treatment of Scar Alopecia in Preschool Children. <u>Am. J. Cosmetic Surgery</u>	1991
New Instrumentation for Scalp Reduction. <u>J. Derm. Surg. Oncol.</u> Vol. 12 No. 7	1986
Hair Transplantation for Congenital Alopecia. <u>J. Amer. Osteo Assn.</u>	1979